



Serious Foot Care Education
for Nails Techs.

AUGUST 11-13, 2019

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Everything for the well-being of the feet.

Shelley Kessler

Director of Education and
Development



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How to Assess Clients' Foot Conditions and Create a Plan of Action



***R**ecognize + **R**ecommend + **R**efer*

- Consultation with Physical Examination
- Build a lasting relationship with your clients
- Diabetics in the USA
- Soak or Not to Soak ...
- Condition of Nails

How to Assess Clients' Foot Conditions and Create a Plan of Action

Consultation with Physical Examination

Client Intake form :

- Past Medical History – Pre existing medical conditions
- Drug history - Any relevant medications?
- Sensitivities or Allergies to Essential Oils
- Work/sports/hobbies affected



How to Assess Clients' Foot Conditions and Create a Plan of Action

Build a lasting relationship with your clients



- Focus on Exceptional Communication
- Maintain a Positive Attitude
- Acknowledge Your Client as an Individual
- Share Knowledge
- Be Open
- Exceed Expectations.

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Diabetics in the USA

- More than 100 million U.S. adults are now living with diabetes or prediabetes
- 7.2 million Americans didn't know they had the condition.
- People with diabetes are at increased risk of serious health complications including amputation of toes, feet, or legs.



How to Assess Clients' Foot Conditions and Create a Plan of Action

Soak or Not to Soak ...



Cracked skin



Corns and Calluses



Fungal



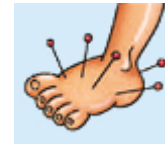
Sweaty Feet



Smelly Feet



Cold Feet



Neuro-pathy



Ingrown Nails

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